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The Centre for Translational  
Research in Public Health

# Mobilising knowledge from complex intervention evaluations into policy and practice: how to deal with lazy academics and stubborn policy-makers?

**Workshop hosts:**

Dr Sebastian Potthoff, Northumbria University, UK

Dr Peter van der Graaf, Northumbria University, UK

Future of Evaluation Symposium, 14-16 January 2025



## Welcome and introduction from your hosts



**Dr Peter van der Graaf**

Associate Professor in  
Public Health and  
Knowledge Mobilisation

Northumbria University, UK



**Dr Sebastian Potthoff**

Assistant Professor in  
Implementation Science

Northumbria University, UK

## Learning outcomes

- Demonstrate a critical understanding of the **concepts of translational research, knowledge mobilisation and co-production** in the context of complex intervention evaluations
- Understand **how to design research** to benefit from the expertise of users
- Recognise **the importance of building and maintaining relationships** to maximise impact
- **Apply this learning** to their future knowledge mobilisation efforts

## Structure of the workshop

When	What	Who
2:00 – 2:10pm	Welcome, introductions and overview of session	Peter/ Seb
2:10 – 2:25pm	<u>Presentation 1</u> : Introducing the Fuse KE model and SPHR knowledge sharing principles	Peter
2:25 – 2:40pm	<i>Group activity 1</i> : How to design complex intervention evaluations that benefit from the expertise of knowledge users?	Peter
2:40 – 2:55pm	<u>Presentation 2</u> : Engaging stakeholders in implementation research and practice	Sebastian
2:55 – 3.10pm	<i>Group activity 1</i> : Applying the Implementation-Stakeholder Engagement Model (I-STEM)	Sebastian
3:10 – 3:15pm	Reflections, Q&A, workshop evaluation	All



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# **Part 1: Introducing the Fuse KE model and SPHR knowledge sharing principles**

**Dr Peter van der Graaf**



How long does it take for research to get into practice?  
And how much research makes it into practice?



(Morris et al. 2011)

# What stops knowledge from being mobilised?

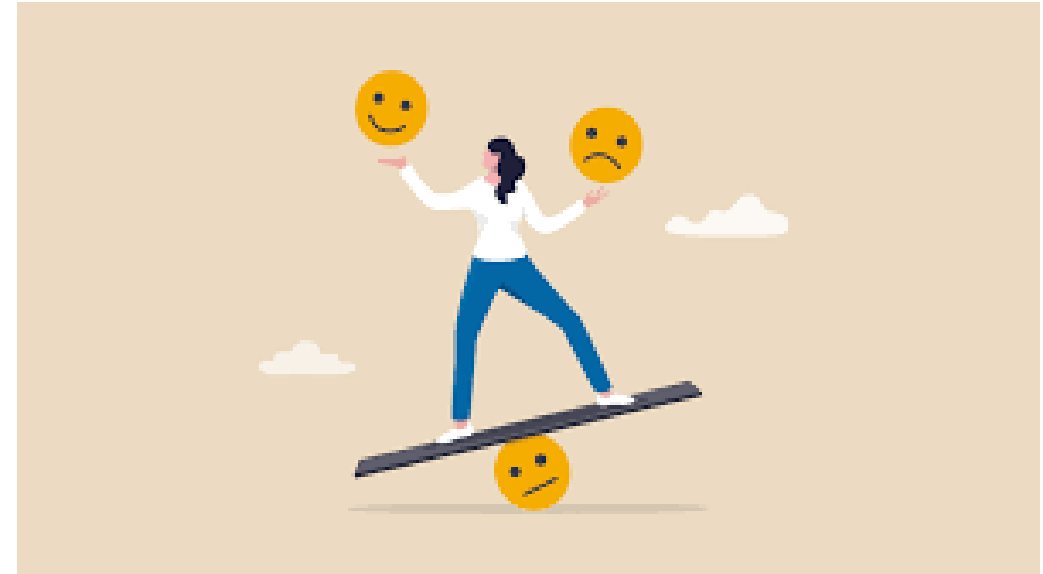
- Takes **too long** to report
- No **actionable** recommendations
- Fails to address **most pressing local issues**
- Research evidence still has to be **adapted to local context**
- Evidence needed may **not be available**
- Practitioners may **lack skills** searching, appraising and synthesising evidence
- Research evidence only one **type of knowledge** (technical expertise, practical wisdom)



(Van Der Graaf, Forrest, Adam, Shucksmith, White, 2017)

# Stubborn practitioners and lazy scientists

- **Implementation barriers** for knowledge are often **personal**
- Importance of **acknowledging feelings**
- Spending time in each other's **context**
- **Practicing everyday skills:** listening, emotional intelligence and persuasion
- Relating knowledge to **people's sense of self** to make it relevant

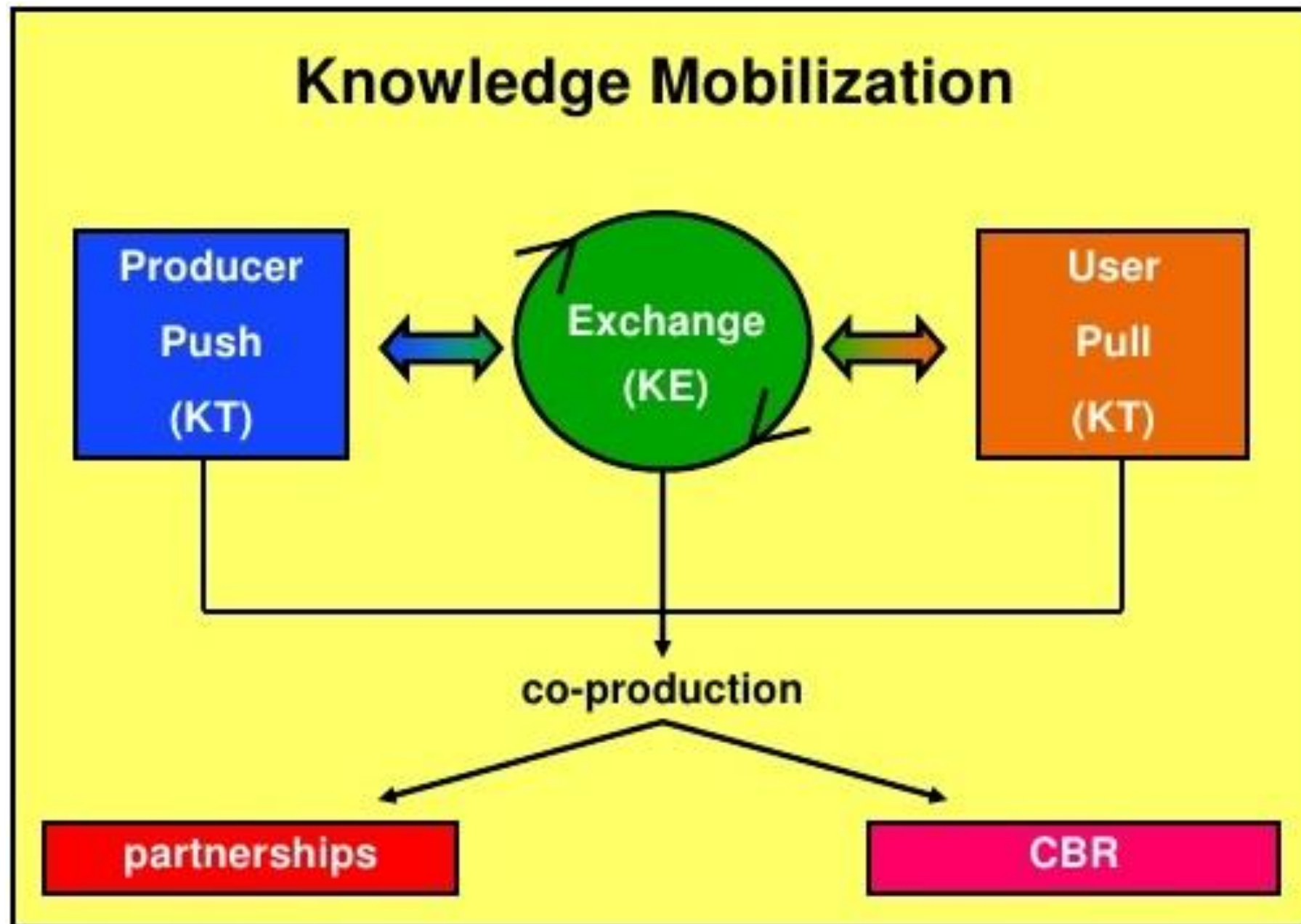


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**CLOSE THE GAP**



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# Knowledge Mobilisation: what is in a name?



- Translational research
- Knowledge translation
- Integrated knowledge translation
- Knowledge exchange
- Knowledge mobilisation
- Co-production
- Co-design
- Co-creation ...

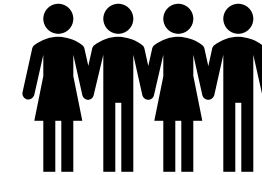
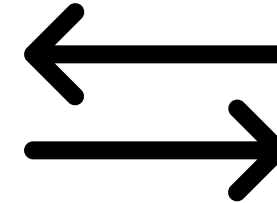
# What's it about?

- “The process of moving knowledge to where it can be most useful.” (Ward, 2017).
- “Bringing **diverse communities** together to **share** and **create** new knowledge **in the context of its use** to actively **change** something” (Knowledge Mobilisation Alliance, <https://kmalliance.co.uk/>)
- “knowledge is created within the context of its use; working with those who are likely to use it, and **boundaries between knowledge producer and knowledge user are purposely blurred and utilised**. We define KMb as the activation of available knowledge within a given context. (Langley, Wolstenholme & Cooke, 2018).

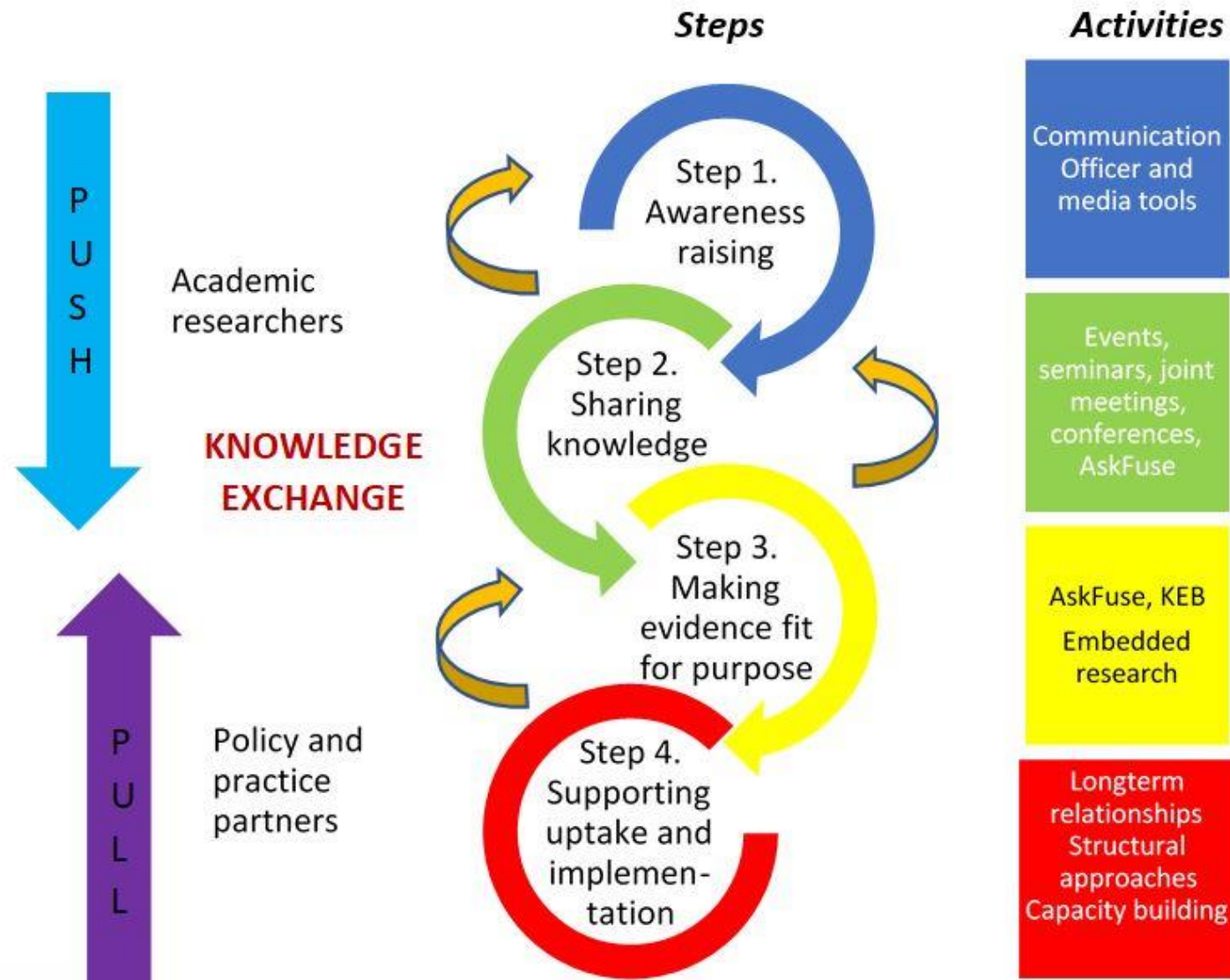


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# Fuse knowledge exchange model





# Step 1. Awareness raising: creative communication

- Fuse briefs
- Fuse Open Science Blog
- Fuse podcasts 'Public Health Research and Me'
- Stand-up comedy 'Hazardous Waists'
- Theatre performance: 'Credit', based on embedded research
- Animation and gaming
- Mobile apps (FeedFinder)
- Infographics



**fusebrief**

Mobilising arts and creativity to improve health and wellbeing

Fuse - Centre for Translational Research in Public Health

- A partnership of public health researchers across the five universities in North East England
- Working with policy makers and practice partners to improve health and wellbeing and tackle inequalities
- A founding member of the NIHR School for Public Health Research (SPHR)



## Step 3. Making evidence fit for purpose: embedded researchers

- **Co-located** research roles within non-academic organisations
- Co-produce findings which **fit** organisation's unique **context and culture**
- Working across **organisational boundaries**



(Ward et al. 2021, Cheetham et al. 2017)

# NIHR SPHR six knowledge sharing principles

## 1. Clarify your purpose and knowledge sharing goals

What do you want your findings to do, or to change?

## 2. Identify knowledge users and stakeholders

Who would be interested in this research, or need to know about it?

## 3. Use knowledge users' expertise

- How will you design the research to benefit from their expertise and knowledge?

## 4. Agree expectations

- How will you get a shared understanding what is expected of everyone and what can be achieved?

## 5. Monitor, reflect and be responsive

- How will you know if your knowledge sharing activities have met your goals?

## 6. Leave a legacy

- How can you develop, capture and sustain any benefits?



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[https://sphr.nihr.ac.uk/wp-content/uploads/2018/10/Appendix-2\\_Knowledge-sharing-principles.pdf](https://sphr.nihr.ac.uk/wp-content/uploads/2018/10/Appendix-2_Knowledge-sharing-principles.pdf)

## Principle 1. Clarify your purpose and knowledge sharing goals

- What knowledge are you planning to mobilise? What are your key messages?
- What do you want your findings to do, or to change? What are your intended goals?



Why are you doing this? What impact are you trying to have with your KMb efforts?

- |   |  |
|---|--|
| <input type="checkbox"/> change attitudes               | <input type="checkbox"/> influence policy action                   |
| <input type="checkbox"/> change behaviour or practice   | <input type="checkbox"/> share knowledge, experience or tools      |
| <input type="checkbox"/> engage stakeholders            | <input type="checkbox"/> validate, legitimize or defend a position |
| <input type="checkbox"/> fulfill funding requirements   | <input type="checkbox"/> other: <input type="text"/>               |
| <input type="checkbox"/> generate interest or awareness |  |



## Principle 2. Identify knowledge users and stakeholders

- Who are you sharing this information with?
- Who is involved in sharing the knowledge?
- Who are your partners and who are your champions?
- Who should be engaged in your KMb activities?



## Group activity 1: Mapping/ listing exercise

### ***Principle 3. Use knowledge users' expertise***

Question: *How can you design complex intervention evaluations that benefit from the expertise and knowledge of knowledge users?*

#### Activity:

- First discuss in pairs, listing options on A4 sheet of paper; (5 minutes)
- Followed by group discussion to compare and explore lists (10 minutes)



Enhancing Post-injury Psychological Intervention and Care (EPPIC) study: using Forum Theatre to mobilise knowledge and improve NHS care (Evidence & Policy 18, 2; 10.1332/174426421X16420902769508

# ENGAGING STAKEHOLDERS IN IMPLEMENTATION RESEARCH AND PRACTICE

Dr Sebastian Potthoff, Assistant Professor of Implementation Science

Co-Lead Innovation & Implementation Research

Director at Open Digital Health

Head Editor at Practical Health Psychology



# WHY ENGAGE STAKEHOLDERS IN IMPLEMENTATION?



Guidelines  
Techniques  
Medication  
Intervention  
Policy  
Technology



No implementation without stakeholders

This framing allows us to draw on systematic implementation science approaches

# WHO IS A STAKEHOLDER?



A stakeholder is anybody who may be affected by your implementation/ improvement project



May include patients and the public, providers, policy makers, product makers, payers, and purchasers

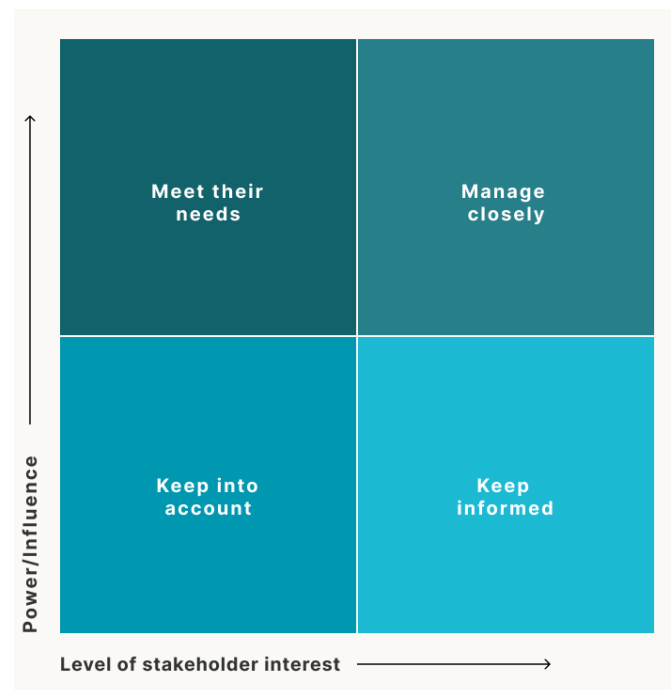
# EXISTING TOOLS FOR STAKEHOLDER ENGAGEMENT

## Communication templates

**Basic Communication and Engagement Template**

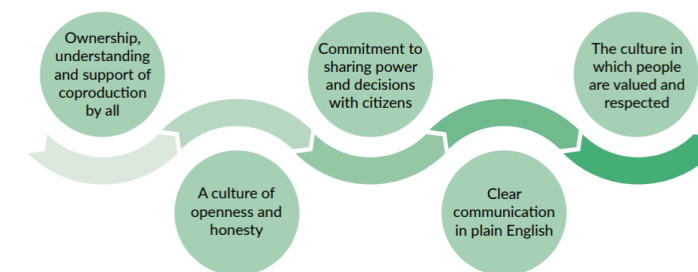
When <i>Date(s) communication or engagement will take place</i>	Who <i>People and groups you plan to communicate or engage with</i>	Why <i>Purpose of your communication or engagement</i>	What <i>Key messages or opportunities you want to communicate</i>	How <i>Methods you will use to communicate or engage with people</i>	Lead <i>Person responsible for communication or engagement activity</i>	Status <i>Current position of planned activity</i>
Click here to enter a date.		Choose an item.				Choose an item.
Click here to enter a date.		Choose an item.				Choose an item.
Click here to enter a date.		Choose an item.				Choose an item.
Click here to enter a date.		Choose an item.				Choose an item.
Click here to enter a date.		Choose an item.				Choose an item.
Click here to enter a date.		Choose an item.				Choose an item.
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Click here to enter a date.		Choose an item.				Choose an item.
Click here to enter a date.		Choose an item.				Choose an item.
Click here to enter a date.		Choose an item.				Choose an item.

## Matrices for prioritisation



## Guiding principles

### Values and Behaviours for Successful Co-Production





# THE IMPLEMENTATION STAKEHOLDER ENGAGEMENT MODEL (I-STEM)

Received: 8 March 2023 | Revised: 29 May 2023 | Accepted: 18 June 2023

DOI: 10.1111/hex.13808

ORIGINAL ARTICLE

WILEY

## Towards an Implementation-STakeholder Engagement Model (I-STEM) for improving health and social care services

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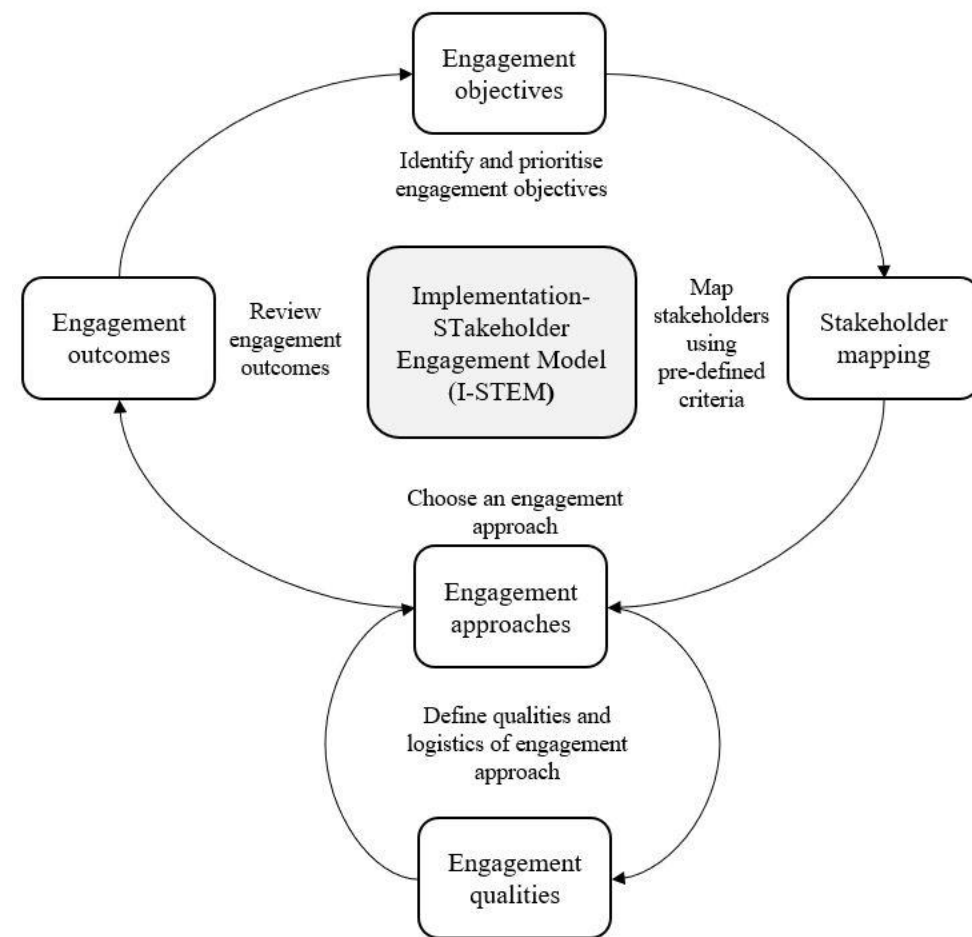
<sup>4</sup>Department Sports and Health Sciences, Technical University of Munich, Munich, Germany

<sup>5</sup>HelloBetter, GET.ON Institute für Online Gesundheitstrainings GmbH, Hamburg/Berlin, Germany

<sup>6</sup>Amsterdam Public Health Research Institute—Mental Health, Amsterdam, The Netherlands

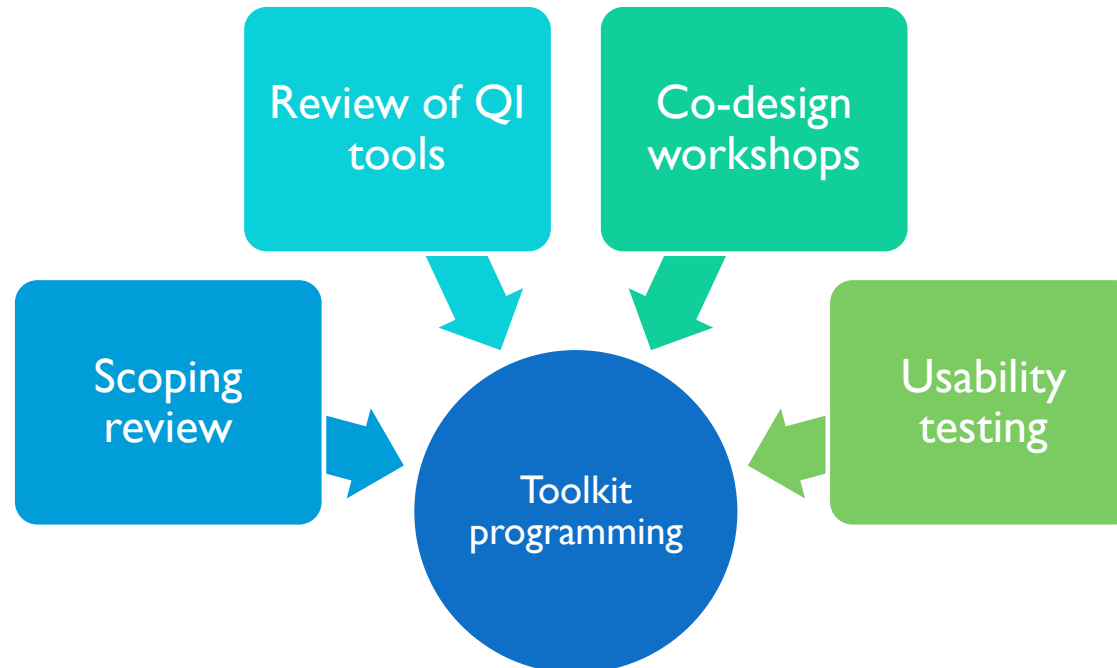
### Abstract

**Background:** The implementation science literature acknowledges a need for engagement of key stakeholders when designing, delivering and evaluating implementation work. To date, the literature reports minimal or focused stakeholder engagement, where stakeholders are engaged in either barrier identification and/or barrier prioritisation. This paper begins to answer calls from the literature for the development of tools and guidance to support comprehensive stakeholder engagement in implementation research and practice. The paper describes the systematic development of the Implementation-STakeholder Engagement Model (I-STEM) in the context of an international, large-scale empirical implementation study (ImpleMentAll) aimed at evaluating the effectiveness of a tailored implementation toolkit. The I-STEM is a sensitising tool that defines key considerations and activities for undertaking stakeholder engagement activities across an implementation process.



# CO-DESIGNING TOOLS FOR STAKEHOLDER ENGAGEMENT

- Project aim: To co-develop the I-STEM into a user-friendly toolkit for non-academic users





# I-STEM TOOLKIT SIX-STEP APPROACH



Scan QR to download  
the I-STEM toolkit

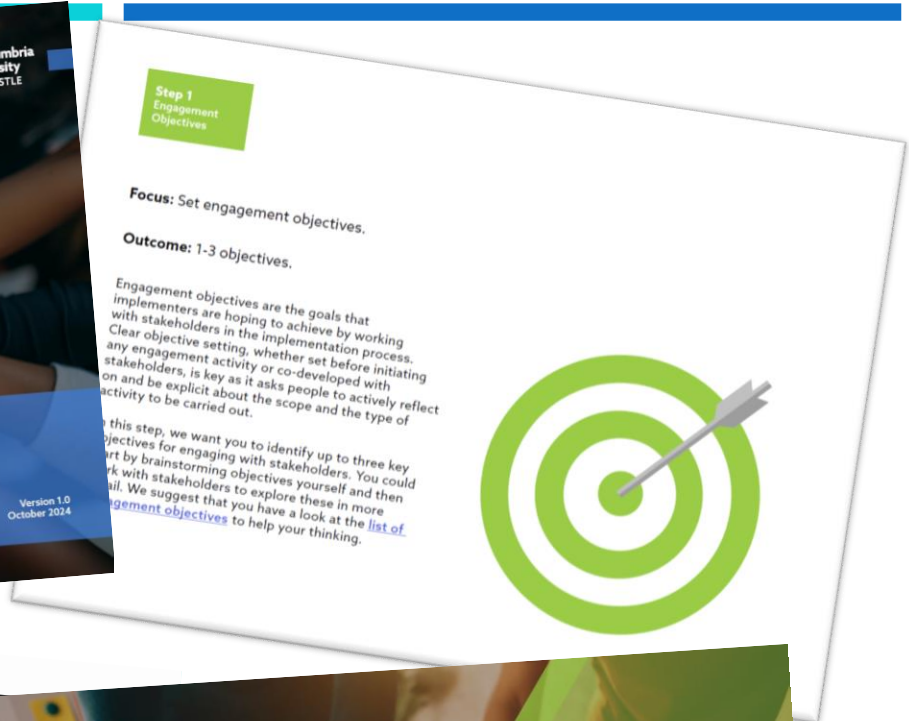


Embedded evidence & resources:

- STEP 1: I-STEM
- STEPS 2 & 3: I-STEM & BSR Five-step approach to stakeholder engagement
- STEP 4: Powell's taxonomy of implementation strategies (2015)
- STEP 5: TIDieR checklist (Hoffman 2014)
- STEP 6: Proctor's implementation outcomes (2011)



Engagement Approaches	Description	Illustrative example
Assessing	Assessing involves gathering information from stakeholders that is relevant to the implementation activity.	Assessing stakeholders' views on the acceptability of an intervention using interviews or surveys.
Disseminating	Disseminating involves giving out information about the innovation.	Disseminating information about an intervention using multimedia campaigns or conferences.
Advocating	Advocating involves identifying and preparing champions who will support the implementation of the innovation.	Using champions who have clinical and systems knowledge and capacity to advocate and lay the groundwork for implementation.
Supporting	Supporting involves providing stakeholders with the necessary training and resources to support the implementation of the innovation.	Delivering educational outreach visits and educational materials to develop implementation capacity.
Consulting	Consulting involves offering implementation-related information to selected stakeholders to seek their feedback.	Consulting with stakeholders with lived experiences to understand the potential impact the implementation would have on their care.
Collaborating	Collaborating involves working with stakeholders on a common objective relating to the implementation of the innovation.	Undertaking a series of workshops to co-design a processes and procedures for implementation.



Toolkit characteristics:

- Structured, theory-based process
- Supports engagement at any implementation stage
- Flexible and adaptive responding
- Includes worksheet, case studies, and user testimonials

## STEP 2: STAKEHOLDER IDENTIFICATION & MAPPING

- **Task:** Add stakeholder groups and individuals to the table and chart them against the criteria with short descriptions of how stakeholders fulfil them. Assign values (low, medium, or high) to these stakeholders.
- **Example:** Implementing alcohol screening and brief intervention (SBI) in acute hospital wards

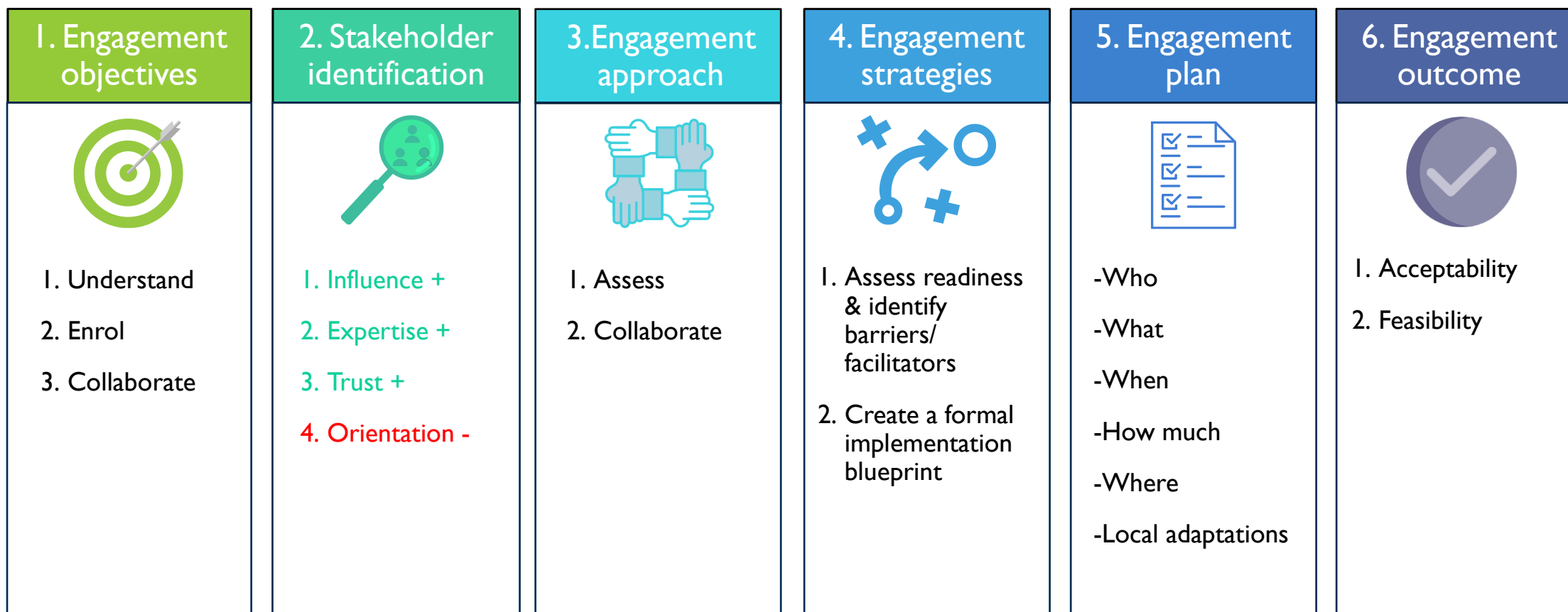
Stakeholder	Influence	Expertise	Orientation	Impact	Capacity	Trust
<b>Consultants</b> responsible for training programme of junior doctors	<b>High:</b> Responsible for overseeing the junior doctor training programme.  Influence learning objectives for doctors in training.	<b>Medium:</b> Good clinical knowledge of relevant conditions in the acute setting.  Limited knowledge of SBI strategies.	<b>Reluctant:</b> Agreeing that it's important but may not see it as a prioritised learning objective for junior doctors.	<b>Medium:</b> Will be responsible for this additional learning objective. Includes monitoring learning progress of mentees and oversight of other consultants.	<b>Medium:</b> Have allocated time to oversee doctor training. Additional time will be needed to implement this change to learning objectives.	<b>High:</b> They are respected and trusted by junior doctors and other consultants.

Stakeholder mapping has implications for the engagement approach

## ACTIVITY: IDENTIFY AND MAP STAKEHOLDERS

- In groups think about a specific implementation problem
- Discuss in groups who are the key stakeholders involved in the implementation
  - Think of patients and the public, providers, policy makers, commissioners, community and advocacy groups, industry partners, and researchers
- Prioritise one stakeholder group and chart them against the I-STEM criteria

# STAKEHOLDER ENGAGEMENT BLUEPRINT



## CORE PRINCIPLES

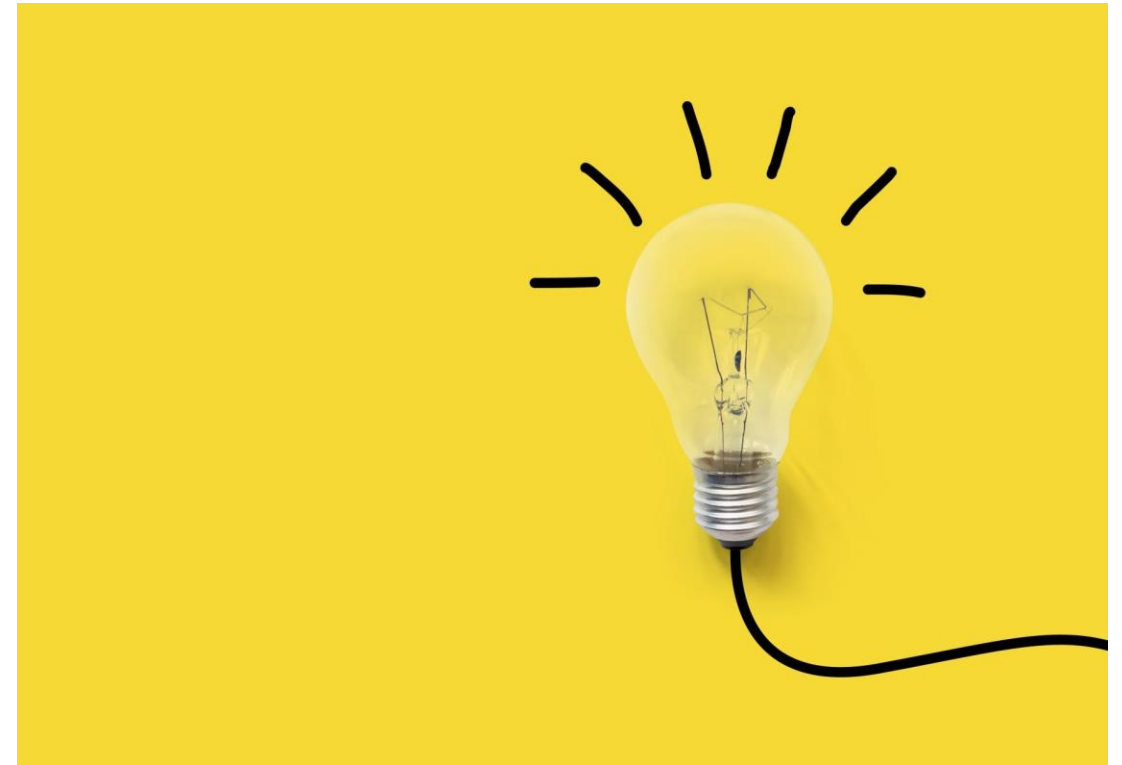
- |                          |  |
|--------------------------|--|
| <b>Be focused</b>        | Engagement should be focused and relevant to ensure alignment.                   |
| <b>Be timely</b>         | Ensure stakeholder perspectives can inform implementation outcomes.              |
| <b>Be representative</b> | Enable diverse stakeholder to contribute their perspectives.                     |
| <b>Be inclusive</b>      | Engage vulnerable, underrepresented groups.                                      |
| <b>Be respectful</b>     | Manage power dynamics and allow everyone to listen and share their perspectives. |

# USER EXPERIENCES

‘It [toolkit] brings a systematic approach to planning your engagement approach.’

‘The process of thinking through different objectives and reasons helps you clarify your thoughts. It is a different way of thinking. An opportunity to reconsider one’s approach to engagement.’

‘It was a nice exercise, sort of, especially for somebody who's very new to sort of engaging with stakeholders.’





## NEXT STEPS

- Test and validate the toolkit across different contexts
- Develop different toolkit versions (e.g. light version and online version)
- Advance the development of a theory of stakeholder engagement





# THANK YOU



For more information contact:  
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- Co-investigators:
- Prof. Tim Rapley
- Prof. Tracy Finch
- Helen Clegg
- Beckie Gibson
- Caroline Charlton



Scan QR to download  
the I-STEM toolkit

## Next steps/ reflections

Was this helpful? Any questions or reflections?

**Next steps:** Have a go at applying the SPHR six knowledge sharing principles in your research projects!

What we haven't talked much about:

- Principle 5: Monitor, reflect and be responsive in sharing knowledge - How will you know if your knowledge sharing activities have met your goals? (*see resources*)
- Principle 6: Leave a legacy - How can you develop, capture and sustain any benefits? (*maintaining and developing new relationships*)



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- Cheetham et al (2017) Embedded research: a promising way to create evidence-informed impact in public health, *Journal of Public Health*, Vol. 40 suppl. 1, ppi64-i70

## Resources

- Planning for impact – NIHR toolkit for researchers, <https://arc-nenc.nihr.ac.uk/resources/planning-for-impact-nihr-toolkit-for-researchers/>
- Plan Knowledge Mobilisation (NIHR), <https://www.nihr.ac.uk/researchers/i-need-help-designing-my-research/plan-knowledge-mobilisation.htm>
- KM Theories, models, and frameworks, <https://www.nihr.ac.uk/documents/knowledge-mobilisation-research/22598>
- Knowledge mobilization toolkit; Doing more with what you know (Updated 2023) - Knowledge Institute on Child and Youth Mental Health and Addictions, [www.kmbtoolkit.ca](http://www.kmbtoolkit.ca)
- Keele University Knowledge Mobilisation <https://www.keele.ac.uk/iau/knowledgemobilisation/#knowledge-mobilisation-theory>
- NIHR ARC West, I've got the basics, I want to develop my knowledge and skills further, <https://arc-w.nihr.ac.uk/training-and-capacity-building/arc-west-courses/an-nihr-arc-guide-to-resources-about-implementation-knowledge-mobilisation-and-impact/ive-got-the-basics-i-want-to-develop-my-knowledge-and-skills-further/>