**HOARDING RATING SCALE-INTERVIEW (HRS-I)**

Please answer the following questions, circle the answer that best applies to you

1. **Because of the clutter or number of possessions, how difficult is it for you to use the rooms in your home?**

 0 1 2 3 4 5 6 7 8

Not at all difficult Extremely difficult

1. **To what extent do you have difficulty discarding (or recycling, selling, giving away) ordinary things that other people would get rid of?**

 0 1 2 3 4 5 6 7 8

No difficulty Extreme difficulty

1. **To what extent do you currently have a problem with collecting free things or buying more things than you need, or can use, or can afford?**

 0 1 2 3 4 5 6 7 8

No difficulty Extreme difficulty

1. **To what extent do you experience emotional distress because of clutter, difficulty discarding or problems with buying or acquiring things?**

 0 1 2 3 4 5 6 7 8

None/not at all Extreme

1. **To what extent do you experience impairment in your life (daily routine, job/school, social activities, family activities, financial difficulties) because of clutter, difficulty discarding, or problems with buying or acquiring things?**

 0 1 2 3 4 5 6 7 8

None/not at all Extreme

TOTAL SCORE = \_\_\_\_\_\_\_ (maximum = 40)

**Reference**.

Tolin, D.F., Frost, R.O., & Steketee, G. (2010). A brief interview for assessing compulsive hoarding: the Hoarding Rating Scale-Interview. *Psychiatry Research, 178*: 147-152.