**Database of Hoarding-Related Projects/Interventions**

**Project Title**:

Sheffield Mind Magpies

**Project Location**:

Sheffield (Sheffield residents only)

**Project Lead**:

Jon Friend

**Lead Organization**:

Sheffield Mind

**Other Organizations involved**:

**Project Start date**: \_\_\_1/1 /2021\_\_\_\_

**Project end date**: \_\_\_31/12/2025\_\_\_\_

**Funding obtained from?**

National Lottery – Reaching Communities Fund

**Project Outline**

Aims:

To support people to better address their hoarding behaviours & improve their home environment, raise awareness & understanding of the issue of hoarding & contribute to the recycling of discarded products

To work alongside others to support & empower them to make decisions about their items & to address hoarding behaviours

Procedure:

* Formal Referral Form, reviewed and followed by a home Assessment, required for the 1:1 support programmes

1:1 support programmes are support sessions in the home, Cognitive Behavioural Therapy and Art Therapy (with a trainee)

* Occasional short courses in Hoarding – related support topic
* Hoarding Support Group, twice monthly, open drop in sessions, no Referral required

Measures of success?

* Wellbeing, Hoarding behaviour and Fire Safety practice measures recorded on start and finish of support
* Photos taken of areas being worked on, at the start and at the end of home support
* Stated goals set at the start and level of achievement against each recorded on end of support
* Feedback recorded on end of support
* Numbers of items removed from the home in sessions recorded
* Individual case studies relating to the experience on the Project taken (where client agrees)

**Advice to share – Do’s and Don’ts?**

**DO:**

Be interested in the person more than the hoard

Understand the story as to when, how & why

Identify driver(s) for change

**DON’T:**

Use inappropriate language re: addressing the hoard/items

Judge

Overwhelm with too many “solutions”, too quickly

**Website/other links to the project report (if any):**

<https://www.sheffieldmind.co.uk/magpies>

**Additional thoughts – e.g. what we wished we had done, what was perhaps missing?**

To be able to support a client more than once a week could be more impactful

To be able to conduct Therapy sessions in situ in the home could be powerful for some clients

To be able to offer a service that sells items for clients while teaching the skills & confidence to continue this for themselves